

WAS

promoting  
wellbeing  
and mental  
health

in partnership with



## Wellbeing Award for Schools (WAS)

### Promote emotional wellbeing and mental health across your school

Make your school a place of emotional wellbeing and support by improving mental health provision for all pupils and staff.

This whole-school award offers a supportive and developmental process using an evidence-based framework to drive change.

Undertaking this Award will ensure that mental health and wellbeing sit at the heart of your school life now and in the future, as well as helping you to demonstrate your outstanding provision to key stakeholders.

### What's in the Wellbeing Award for Schools framework?

#### Positive culture

Ensure that emotional wellbeing and mental health is regarded as the responsibility of all.

#### Stakeholder participation

Work with the whole-school community to support emotional wellbeing and mental health.

#### Staff wellbeing

Actively promote emotional wellbeing and mental health for your staff.

#### Training for staff

Offer high-quality, ongoing professional development so your staff feel confident responding to pupils' needs.

#### Vision and strategy

Commit to a clear strategy that promotes and protects emotional wellbeing and mental health.

#### Supportive networks

Ensure systems and external partnerships are in place to support different types of emotional and mental health needs.

The Award has a focus on 'impact and outcomes' for pupils, so that schools can demonstrate specific and wider impacts of wellbeing policies and interventions.

#### In partnership with the National Children's Bureau

For more than 50 years the National Children's Bureau (NCB) have been making a huge difference to the lives of children and young people, especially the most vulnerable. We have partnered with NCB to create an award that helps schools to mitigate and prevent mental health and wellbeing issues in schools and their local community.